

Patient Menu



Breakfast Choices:

BELGIAN WAFFLE

7" round waffle served with your choice of butter and maple syrup or warm flame-roasted apples, caramel sauce, whipped cream and a sprinkling of crushed nuts.

SCRAMBLED EGGS

2 scrambled eggs served alone or with your choice of bacon or a sausage patty.

OATMEAL or CREAM OF WHEAT

Creamy oatmeal or cream of wheat served with your choice of raisins, cranberries, walnuts, brown sugar and milk

COLD CEREAL W/MILK

We offer General Mills Cheerios, Honey Nut Cheerios, Raisin Bran, Cinnamon Toast Crunch, Lucky Charms & Wheaties

TOAST

Choose White Bread or Multi Grain Swirl Bread

BREAKFAST MEATS

Bacon or Sausage Patty

Lunch and Dinner Choices:

PECAN CRUSTED TILAPIA

A golden pecan crusted tilapia fillet

POT ROAST

Tender chunks of slow roasted turkey pot roast served in a rich brown gravy – Amazingly like grandma's roast beef!

ROOT'S ROTISSERIE CHICKEN

Two pieces of Root's Poultry's delicious rotisserie roasted chicken – Choose any combination of breast, leg, thigh or wing

CHICKEN AND BROCCOLI ALFREDO

Chunks of chicken with broccoli and noodles served in a creamy alfredo sauce – A healthy choice with only 33 calories from fat

STUFFED PASTA WITH MARINARA SAUCE

Savory cheese filling rolled up in pasta and topped with marinara sauce

MACARONI AND CHEESE

This all American favorite is made with elbow macaroni, with natural cheddar cheese melted into a smooth creamy sauce.

MINI MEALS AVAILABLE

SIDES

BROCCOLI - SUPER SWEET CORN - BABY BAKERS - MASHED POTATOES
VEGETABLE BLEND (yellow & green beans, baby carrots) - MACARONI & CHEESE

FLAME ROASTED FUJI APPLES - CLASSIC SIDE SALAD
APPLESAUCE - COTTAGE CHEESE - FRESH FRUIT (in season) - DOLE FRUIT CUP
JELLO (strawberry or orange/regular or sugar-free) - YOGURT
PUDDING - (vanilla or chocolate/regular or sugar-free)

Desserts:

GOURMET CAKES, DESSERTS AND COOKIES

We offer a variety of gourmet cakes, desserts and cookies. Please ask about today's selections

ICE CREAM

We proudly serve Toft's ice cream. Order it plain or topped with chocolate, strawberry or caramel toppings, whipped cream, nuts and a cherry!

You may also choose one of several ice cream novelties. Please ask about today's selections.

Breads:

Multi Grain Swirl Bread - White Bread – Multi Grain Ciabatta Roll – Dinner Roll

Beverages:

Coffee – Decaf – Tea – Soft Drinks – Bottled Water – Milk: 2%-Skim-Chocolate – Juices: Orange, Apple, V-8